

The Singing Circle

23 April–25 June

Time: 1.30–3pm **Cost:** \$10 a session *pay on the day*
Join Barb for singing and laughter each week and experience the joy of singing just because you want to!

Fridays

Exercise for Older Adults (Class 1)

24 April–26 June

Time: 10–10.45am
Cost: \$100 for 10 weeks/\$10 a session.
Join Abi in this 45 minute session for older adults to strengthen your body through the right exercise.

Exercise for Older Adults (Class 2)

24 April–26 June

Time: 11–11.45pm
Cost: \$100 for 10 weeks/\$10 a session.
Join Abi in this 45 minute session for older adults to strengthen your body through the right exercise.

Saturdays

Beginners Watercolour (4 weeks)

June 6, 13, 20, 27

Time: 9.30am–12pm **Cost:** \$110 (2.5 hours)
Join Anne to learn the basics of watercolour in a relaxed and fun environment. Materials supplied.

Sessions

Hearing Australia

Monday 4 May

Time: 10am–1pm **Cost:** Free
Have you had your hearing checked lately? This is a chance to get a free hearing test from Hearing

Australia. You must book in a time through us by phoning 7036 6813.

History Walk: Pubs of Main Street

Thursday 28 May

Meet at Lilydale Community House, 7 Hardy Street
Time: 10am–12pm
Cost: \$15 (all proceeds going to the Historical Society)
Join members of the Lilydale & District Historical Society for a leisurely walk through the Main Street of Lilydale and learn the history of the pubs and hear about the beer strike.

Mini Zen Garden

Thursday 7 May

Join Thomas from Bunnings Lilydale and be guided through making your own mini Zen garden.
Time: 10.00–12pm **Cost:** Free

Coming later this term ...

Cooking workshops showcasing different cuisines

Enquiries on 7036 6813 or keep an eye on our FB page for updates.

Bookings and/or Expressions of Interest for activities can be made at: www.lilydalech.org.au following the link on the applicable course.
OR call us on 7036 6813



Lilydale Community House acknowledges the support we receive from DFFH and Yarra Ranges Council



LILYDALE COMMUNITY HOUSE



Office hours:

Monday, Tuesday, Thursday – 9am–4pm
Wednesday – 10am–3pm, Friday – Closed

Contact us:

7 Hardy Street Lilydale
Phone: 7036 6813

Email: enquiries@lilydalech.org.au
Website: www.lilydalech.org.au

Term 2 2026

Offering welcoming and affordable opportunities for social connection and lifelong learning.

We acknowledge the Wurundjeri People of the Kulin Nation, who are the Traditional Custodians of the land where we work, and we pay our respects to their Elders past and present.

Monday

Paint, Draw, Create, Explore

20 April–22 June

Time: 10.30am–12.30pm Cost: Gold Coin Donation

Have a dabble in painting, drawing, collage or mindful colouring in a relaxed, non judgemental space.

Soup & Stories

20 April–22 June

Time: 11am–1pm Cost: Free

Join others to learn to make a different soup each week and enjoy a chat while eating together. Recipes are provided to replicate at home if requested.

Creative Arts (4 weeks)

27 April–18 May

Time: 1-3pm Cost: \$100

Join Leigh to learn different media as well as her popular oil painting.

Womens Repair Room

4 May–22 June (7 weeks)

Time: 6.30pm-9pm Cost: Free

Free Skills Group for Women

Feeling stuck in the same conflict patterns at work, home or in relationships? The Repair Room is an 7-week women's group focused on building practical skills to manage everyday conflict, set healthy boundaries and respond with confidence – not therapy, just tools for healthier relationships.

Facilitated by Katherine Van Ryswyk (Bachelor of Health Sciences, Cert IV Mental Health)

**Linedancing will return in Term 3*

Tuesday

Table Tennis

21 April–23 June

Time: 1–3pm Cost: Gold coin donation

Have you ever wanted to try table tennis? Why not give it a go? We have 2 tables and a welcoming and friendly group of players!

Pop Pilates

21 April–23 June

Time: 6.30-7.30pm

An upbeat full-body toning session with easy to follow moves and fun music. The same Pilates you know and love, just reinvented - a dance on a mat.

Contact Unleashed Fitness directly on 0457 008 627 for details.

Drumming Circle Gathering

14 April ongoing

Time: Initial class 8-9pm will be free. Then classes will run 7.45pm-9pm

Experience the power of drumming in a group. No experience necessary! Bring a drum if you have one. (A few extra drums will be available to share). The facilitator is Frederick Little Fox who is a local musician and instrument maker. Contact 0492 920 280 directly for details.

Wednesday

Change

Free Skills Group for Men

6 May–24 June (8 weeks)

Time: 6.30-8.30pm Cost: Free

These workshops are for men who have wanted to

'Change' and improve their communication styles with their loved ones.

'Change' can bring a healthier balance for you, providing an understanding and where the goal will always be to bring about some positive change for you.

(Facilitated by Jenny Coll who is a registered Family Therapist and Counsellor and an accredited (Level 3) Principal Men's Behaviour Change program facilitator.)

Nervous System Workshop

29 April

Time: 7-8.30pm Cost: \$10

Join Eliza in this one-off workshop about how to understand the nervous system better, to make the most of your regulation.

Understanding the nervous system is so important in knowing how to take care of your body in all areas. Bring a mat/blanket.

Thursday

Step & Connect Women's Social Walks

23 April–25 June

Time: 9.30–11am Cost: Free

This weekly walk welcomes women to join a relaxed walk around the area followed by a cuppa back at the House. Meet at Lilydale Community House. Group leaves 9.30am sharp.

Cooking for One (5 weeks)

23, 30 April, 7, 14, 21 May

Time: 11am–1pm Cost: \$50

Join Sarah to learn how to cook easily for just one person. Make the meals each week, and together eat what you have created. Recipes supplied to take home.