

Fridays

Exercise for Older Adults (Class 1)

16 January–27 March

Time: 10–10.45am *(Note change in time)*

Cost: \$110 for 11 weeks/\$10 a session.

Join Abi in this 45 minute session for older adults to strengthen your body through the right exercise.

Exercise for Older Adults (Class 2)

16 January–27 March

Time: 11–11.45pm *(Note change in time)*

Cost: \$110 for 11 weeks/\$10 a session.

Join Abi in this 45 minute session for older adults to strengthen your body through the right exercise.

Saturdays

Beginners Watercolour (4 weeks)

February 7, 14, 21, 28

Time: 9.30am–12pm **Cost:** \$110 (2.5 hours)

Join Anne to learn the basics of watercolour in a relaxed and fun environment. Materials supplied.

Talks

History Walk: Melba Park

Tuesday 24 February

Meet at Lilydale Community House, 7 Hardy Street

Time: 10:30am –12.30pm

Cost: \$10 *(all proceeds going to the Historical Society)*

Join members of the Lilydale & District Historical Society for a leisurely walk around Melba Park, Lilydale's hidden gem. Learn the fascinating history from the original town plan and the twist & turns that have created the current park.

EACH - Financial Counselling Services

Thursday 19 February

Learn about EACH's Financial Counselling and Financial Capability service which is a free, confidential non-judgmental, independent service.

Time: 11am–12pm **Cost:** Free

Garden Talk

Thursday 5 March

Join Thomas from Bunnings Lilydale for an informative session on "Garden Talk" including Q&A

Time: 10.00–11am **Cost:** Free

RSPCA clinic

Tuesday 10 March

The RSPCA will be offering a low-cost pet vaccination clinic day at the Lilydale Community House!

Time: 9.30am–4.30pm

Booking details and cost will be announced in the new year. Put the date in your diary!

Bookings and/or Expressions of Interest for activities can be made at: www.lilydalech.org.au following the link on the applicable course.
OR call us on 7036 6813



Lilydale Community House acknowledges the support we receive from DFFH and Yarra Ranges Council



LILYDALE COMMUNITY HOUSE



Office hours:

Monday, Tuesday, Thursday – 9am–4pm
Wednesday – 10am–3pm, Friday – Closed

Contact us:

7 Hardy Street Lilydale

Phone: 7036 6813

Email: enquiries@lilydalech.org.au

Website: www.lilydalech.org.au

Term 1 2026

Offering welcoming and affordable opportunities for social connection and lifelong learning.

We acknowledge the Wurundjeri People of the Kulin Nation, who are the Traditional Custodians of the land where we work, and we pay our respects to their Elders past and present.

Mondays

Paint, Draw, Create, Explore

2 February–30 March

Time: 10.30am–12.30pm **Cost:** Gold Coin Donation
Have a dabble in painting, drawing, collage or mindful colouring in a relaxed, non judgemental space.

Soup & Stories

2 February–March 30

Time: 11am–1pm **Cost:** Free
Join others to learn to make a different soup each week and enjoy a chat while eating together. Recipes are provided to replicate at home if requested.

Creative Arts – Oil Painting (4 weeks)

February 2, 9, 16, 23

Time: 1-3pm **Cost:** \$100
Join Leigh to learn to paint in oils.

Qi Gong and Tai Chi

2 February–30 March

Time: 6.30–8pm **Cost:** \$15 a session *pay on the night*
Qi Gong is a system of coordinated body-posture and movement, breathing and meditation which promotes physical and mental health. This class incorporates Tai Chi practice.

Tuesdays

Craft Workshops *varying times* *NEW*

27 January & 3 February – Papercraft

Time: 6-8pm **Cost:** Free
Join Christine and learn how to make a personalised card, a teabag holder, a chocolate box and more.

10 February – Faux Stained Glass

Time: 10am-12pm **Cost:** Free
Join Simone to learn how to make a faux stained glass panel.

17 February – Quilling

Time: 10am-12pm **Cost:** Free
Join Katherine and learn the basics of quilling.

24 February & 3 March –

Reimagined Craft “Stuff” to boost your recycling

Time: 10am-12pm **Cost:** Free
Join Maddie to explore creative ways to re-imagine used things around the home. *Week 1* - Butterflies and Tassels
Week 2 - Paper mache bowls with old receipts; bunting from cards or doll furniture.

17 March

Paper Cutting Designs

Time: 10am-12pm **Cost:** Free
Join Mac and create lovely paper cut out designs.

More Craft workshops through Term 1 to be confirmed. Look out for our advertising!

Table Tennis

13 January–31 March (except 10 March)

Time: 1–3pm **Cost:** Gold coin donation
Have you ever wanted to try table tennis? Why not give it a go? We have 2 tables and a welcoming and friendly group of players!

Beginner's Linedancing

27 January–31 March (except 10 March)

Time: 4.00–5.00pm
Cost: \$10 a session (\$90 for 9 week term)
Join Duree to learn to linedance in a fun and relaxed class, with some laughter thrown in.

Beginner's Rock 'n' Roll and Jive *NEW*

10 February–31 March

Time: 6.00-7.00pm
Cost: \$10 a session (\$80 for 8 week term)

Join Ann and learn Rock “n” Roll and Jive or brush up on those skills and have fun!

Wednesday

Nervous System Workshop

18 February

Join Eliza in this one-off workshop about how to understand the nervous system better, to make the most of your regulation.
Understanding the nervous system is so important in knowing how to take care of your body in all areas.
Time: 7-8.30pm **Cost:** \$10

Thursdays

Step & Connect Women's Social Walks

15 January–2 April

Time: 9.30–11am **Cost:** Free
This weekly walk welcomes women to join a relaxed walk around the area followed by a cuppa back at the House. Meet at Lilydale Community House. Group leaves 9.30am sharp.

Cooking for One (5 weeks)

February 5, 12, 19, 26, March 5

Time: 11am–1pm **Cost:** \$50
Join Sarah to learn how to cook easily for just one person. Make the meals each week, and together eat what you have created. Recipes supplied to take home.

The Singing Circle

5 February–2 April

Time: 1.30–3pm **Cost:** \$10 a session *pay on the day*
Join Barb for singing and laughter each week and experience the joy of singing just because you want to!